

# EDUCATION REQUIREMENTS FOR NATIONAL FEDERATIONS PURSUANT TO THE INTERNATIONAL BOWLING FEDERATION'S ANTI-DOPING RULES

**Dear National Federations,**

Clean sport education is essential for clean sport. As a strategy for prevention, education aims to help athletes and others to play clean, and to encourage behaviours in line with the principles and values of clean sport. The IBF is bound by the World Anti-Doping Code to plan, implement and promote education, and committed to maintaining the health of athletes and the integrity of its sport. The IBF is also part of a collaborative worldwide movement for doping-free sport led by the [World Anti-Doping Agency \(WADA\)](#). All IBF National Federations (NFs) must, in turn, be aware and understand their role and put into place the rules, policies and systems necessary to fulfil their duties under the IBF Anti-Doping Rules. NFs are also responsible for conducting anti-doping education in coordination with their National Anti-Doping Organisation (NADO) to educate and advise their athletes about clean sport.

The International Standard for Education (ISE), adopted by WADA in 2021, outlines the mandatory education standards, and is supported by a set of accompanying guidelines. The ISE states that "A key underlying principle of the International Standard for Education is that an Athlete's first experience with anti-doping should be through Education rather than Doping Control". Therefore, we must all work together to support this.

We are writing to you to outline the support available to you in clean sport education to assist you in fulfilling these responsibilities. Through the IBF's partnership and investment with the International Testing Agency (ITA) and ITA's additional activities, you and your sporting communities can naturally take advantage of these initiatives as well. These include:

# 1. THE ITA MONTHLY WEBINARS

Every month the ITA hosts a 60-minute webinar on a key clean sport topic for athletes and Athlete Support Personnel (past sessions include “Preparing for Major Games”, “Athlete experiences of clean sport”, “Whereabouts – A practical guide for athletes” and “What you need to know for 2024”). The sessions are delivered in English, with simultaneous translation in Arabic, French, Russian and Spanish. As a partner of the ITA, we receive this information directly, which we then communicate to you. **We urge you to disseminate this to your athletes and Athlete Support Personnel by email or at minimum by posting the social media banners prepared for you.** This is an efficient and easy way to have 12 clean sport “touch points” with your communities in 2024. Recordings of previous sessions can be found [here](#).



# 2. THE IF WEBINAR SERIES

The series consists of five webinars that cover the compulsory education topics as set out in the WADA Code and the ISE. The sessions are delivered in English, with simultaneous translation in Arabic, French, Mandarin Chinese, Russian and Spanish. Each webinar features both subject experts who share their experiences and points of view on a diverse and important range of themes in the world of clean sport. The webinars are designed to be engaging and interactive with polls, Q&A and chat options enabled for all participants. **We will be in touch in 2024 with full details and dates, and ask you to please invite your sporting communities to attend these important initiatives upon receipt of the information.**



### 3. TAILORED WEBINAR

**In 2024, one sport-specific custom webinar on clean sport education for the IBF sport community will be hosted covering specific topics for particular target groups.** We ask for your support and promotional efforts, in due course, in promoting it to the relevant sections of your community to enable them to understand and follow the IBF Anti-Doping Rules.

### 4. THE ITA ATHLETE'S HUB

[This webpage](#) provides information on a variety of topics, **supports your athletes and Athlete Support Personnel with important administrative tasks such as advice on using ADAMS and submitting a TUE, and gives them access to a comprehensive collection of resources and video tutorials.** Also, they as well as you can check in with the ITA's posts and [subscribe to the ITA newsletter](#) to keep up to date with the latest on clean sport news.

Additional support may also come from WADA's Anti-Doping Education and Learning platform ([ADEL](#)). It is freely available to anyone and hosts a range of e-learning courses, many available in multiple languages. Please encourage athletes, coaches and medical personnel to take advantage of this resource – they simply need to register for a free account.

In addition to the activities outlined above, the IBF has also developed a clean sport Education Plan which is updated and evaluated annually.

Furthermore, the IBF may decide to request that athletes complete education activities before and/or during their participation in WORLD YOUTH CHAMPIONSHIPS in Korea as a condition of such participation. Should this requirement be implemented, you and/or your athletes will receive a specific notice to that purpose.

As mentioned above, we of course also ask you to work with your NADO on educational programs for your athletes, a requirement as per Article 20.3.13 of the World Anti-Doping Code which requires you to conduct clean sport education in coordination with the applicable NADO.

Finally, a kind reminder that the 2024 Prohibited List will enter into force starting 1 January 2024, and can be accessed [HERE](#). Please ensure to remind your communities that the information is disseminated to your athletes and Athlete Support Personnel.

Please feel free to contact [internationalbowlingfederation@gmail.com](mailto:internationalbowlingfederation@gmail.com) for any further information.

We hope this information is helpful and thank you for your commitment to clean sport.

Kind regards,

International Bowling Federation